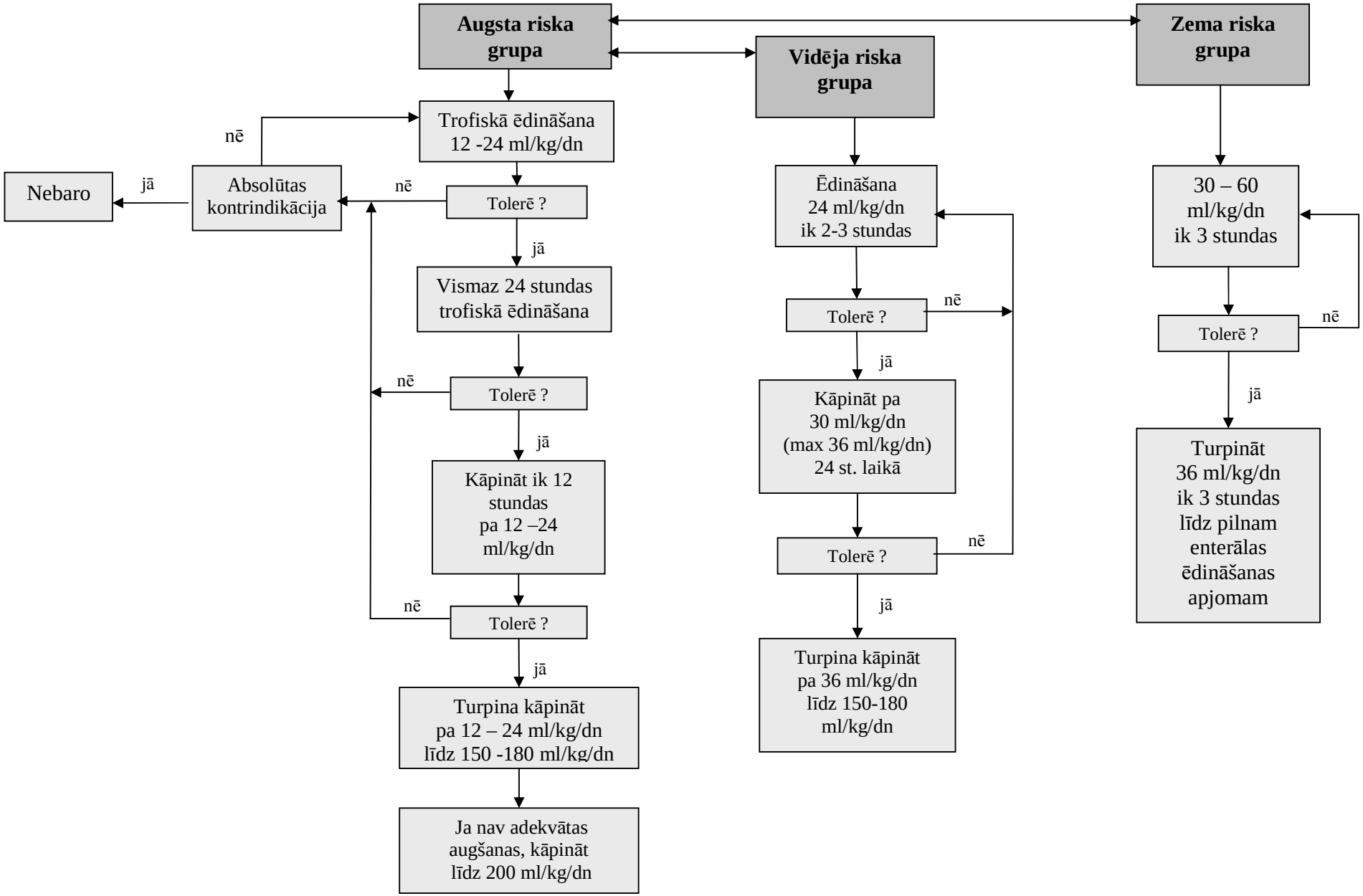Enterālas ēdināšanas uzsākšanas un palielināšanas taktika